

What's to L.o.♥.e. today?

Love Organic Vital Energy Inc. (L.o.♥.e. Organic) offers high quality organic herbs, spices, blends (we call them *L.o.♥.e. potions*) and teas at the Saturday Alderney Landing Market in Dartmouth year round.

Our full selection and best prices are available by shopping directly with us by emailing love@loveorganicvitalenergy.com.

Free local delivery with a minimum \$20 order.

Allspice - Ground 15g	\$3	Fennel - Whole 15g	\$3
Ancho Pepper - Ground 15g	\$3	Fenugreek - Ground 15g	\$3
Anise Seed - Ground 15g	\$3	Garlic Powder 15g	\$3
Anise Star Pod - Ground 15g	\$3	Ginger - Ground 15g	\$3
Anise Star Pod - Whole 15g	\$3	Hot Smoked Paprika 15g	\$3
Basil 10g	\$2	Lemongrass 10g	\$3
Bay Leaf - Whole 5g	\$2	Lemon Pepper 10g	\$3
Bird's Eye Chili Pepper (Fair Trade) 10g	\$3	Lemon Thyme - Leaf 10g	\$3
Black Pepper - Ground (Fair Trade) 15g	\$3	Lemon Verbena 10g	\$3
Black Pepper - Whole (Fair Trade) + 15g	\$3	Marjoram - Leaf 10g	\$2
Caraway Seed - Whole 15g	\$2	Mexican Oregano - Leaf 10g	\$3
Cardamom - Ground 15g	\$4	Nutmeg - Ground (Fair Trade) 10g	\$4
Cardamom - Pods 15g	\$5	Onion Powder 15g	\$2
Cayenne - Ground (Fair Trade) 15g	\$3	Oregano - Leaf + 10g	\$2
Celery Seed - Whole 15g	\$2	Paprika - Ground 15g	\$3
Chili Flakes 15g	\$3	Parsley - Leaf 10g	\$3
Chipotle - Ground 10g	\$3	Poppy Seed - Whole 15g	\$3
Chives 5g	\$3	Rosemary - Ground 15g	\$3
Cilantro - Leaf 10g	\$3	Rosemary - Whole 10g	\$2
Cinnamon (Cassia) - Grd (Fair Trade) + 15g	\$2	Sage - Leaf 10g	\$3
Cinnamon (True) - Ground (Fair Trade) + 10g	\$3	Smoked Chili Flakes 15g	\$3
Cloves - Ground (Fair Trade) 10g	\$3	Smoked Paprika - Ground + 15g	\$3
Cloves - Whole (Fair Trade) 10g	\$3	Spearmint - Leaf 10g	\$3
Coriander - Ground 15g	\$2	Sumac - Ground 15g	\$3
Coriander Seed - Whole + 15g	\$2	Summer Savoury 10g	\$3
Cumin - Ground + 15g	\$3	Tarragon - Leaf 10g	\$4
Dill 10g	\$3	Thyme - Leaf 10g	\$2
English Lavender Flowers - Whole 10g	\$5	Turmeric - Ground (Fair Trade) + 15g	\$2
Fennel - Ground 15g	\$3	Ceremonial Sage Wild Cultivated * 10g	\$3

* taxes extra

+ available in 4x size

What's to L.o.♥.e. today?

Love Organic Vital Energy Inc. (L.o.♥.e. Organic) offers high quality organic herbs, spices, blends (we call them *L.o.♥.e. potions*) and teas at the Saturday Alderney Landing Market in Dartmouth year round. Our full selection and best prices are available by shopping directly with us by emailing love@loveorganicvitalenergy.com.

Free local delivery with a minimum \$20 order.

Teas

Catnip - Tea 10g	\$3
Chai 15g	\$4
Chamomile 10g	\$3
Earl Grey Tea (Fair Trade) 15g	\$4
English Breakfast 15g	\$4
Green Earl Grey Tea (Fair Trade) 15g	\$4
Lemon Balm - Leaf 10g	\$3
Lemon Ginger Mint 15g	\$3
Nettle - Leaf 10g	\$3
Peppermint - Leaf 10g	\$3
Red Rooibos 15g	\$3
Tulsi - Leaf (Holy Basil) 10g	\$3
Turmeric Chai (54% Fair Trade) 15g	\$4
Yerba Mate 15g	\$3

L.o.♥.e. Potions (our custom blends)

Taco Spice - L.o.♥.e. Potion #1 30g	\$6
Herbes de Provence - L.o.♥.e. Potion #2 10g	\$3
Chinese Five Spice - L.o.♥.e. Potion #3 30g	\$6
Curry Powder - L.o.♥.e. Potion #4 30g	\$6
Seafood Chowder Seasoning - L.o.♥.e. Potion #5 10g	\$3
Garam Masala - (Coming Soon)	

Organizer Boxes

(wooden, locally crafted)

Small	\$6*
Large	\$7*

Gift Boxes

curated, organic herb and spice collections in a small organizer box, gift wrapped in a reusable cotton tea towel and accented with our own wooden gift tag/ornament ready for gift giving

Bakers (orange ribbon) \$23 Tax Included	Includes: allspice, cinnamon cassia, clove powder, ginger and nutmeg
Bold & Spicy (red ribbon) \$23 Tax Included	Includes: ancho pepper powder, bird's eye chili powder, chili flakes, chipotle powder and smoked paprika
House Warmer (white ribbon) \$25 Tax Included	Includes: basil, black pepper - ground, chili flakes, cinnamon cassia, ginger, rosemary and thyme
Traditional (green ribbon) \$20 Tax Included	Includes: basil, lemon thyme, oregano, rosemary and thyme
L.o.♥.e. Potions #1 (pink ribbon) \$30 Tax Included	Includes: taco spice, herbes de Provence, Chinese five spice and curry powder